Carlton Road Academy Safeguarding Procedures Child Version



Your Rights:



What is this?

Your school has a Safeguarding policy for staff, families, and governors.

This 'child friendly' procedure guide is designed *for* our pupils, *and* should be read as *a* guide to *the* main policy.

What is it for?

To help you decide what could be a 'problem' and where to get help and support.

The four main areas of Child Protection concerns are:

- 1. **Physical Abuse -** hitting, smacking, shaking, throwing, burning, biting. Causing Physical harm.
- 2. **Sexual Abuse** be aware this doesn't always mean touching. *It* could be someone making you watch things to *do* with sex or encouraging you to act in a way *that* makes you feel uncomfortable.
- 3. **Neglect** not providing meals, warmth, or clothing. Not taking you to the Doctors or Dentist when you need to go. Your needs are not being met regularly.
- 4. **Emotional Abuse** -when someone upsets you or makes you feel *bad* purposely. *If* someone in your family says horrible things to you and makes you feel *sad* and worthless.

On the next few pages, we have some examples of what these may look like if you are worried. These are not the only examples but might help you if you are concerned.

Remember!

Abuse can happen online and in person!

Bullying

Repeated behaviour which is intended to hurt someone either emotionally or physically.



You **must** tell someone.

Do NOT keep it a Secret!

Sexual behaviour?

Remember, your body is yours and no one else should see or touch it without your consent. No one should be showing you bodies or asking to see or touch others, no one should be taking photos without your permission especially photos up your skirt or dress. *If* you are unsure ask *a safe* adult.







You must tell someone.

Do NOT keep it a Secret!

Using or giving you things that are dangerous

Has *someone* asked you if you want a tablet or to smoke a cigarette, or have a drink of something and you do not know what it is? If someone is using drugs or offering you items that are not safe do not take them.





You **must** tell someone.

Do NOT keep it a Secret

Physical harm.

Has *someone* hit, punched, or smacked you or hurt you in anyway? Have you caused harm to yourself or *have* thoughts *of* harming yourself? Harm is *not* always to others you might be worried about self-harm.



You <u>must</u> tell someone.

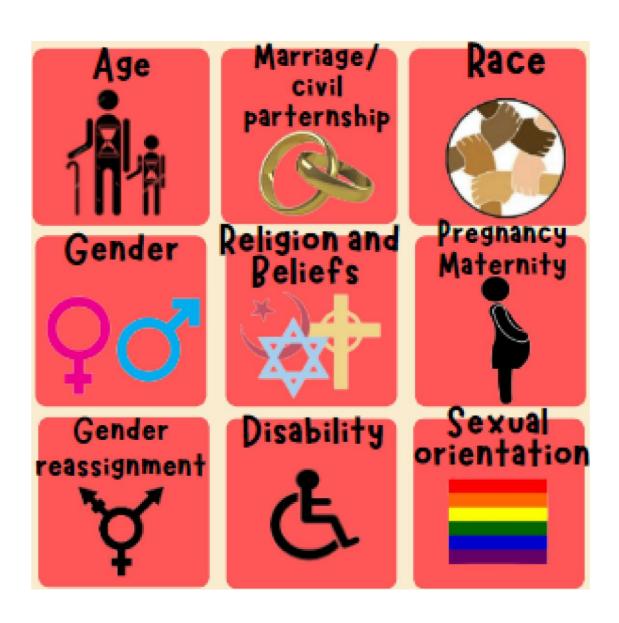
Do NOT keep it a Secret!

YOU HAVE RIGHTS!

You are protected under the Equality Act 2010 from these types of discrimination.

You have the right to be *who* you are without judgement or discrimination!

These rights are protected!



It is important *that* you let us know if you *have* any worries *at* all even if they are not *shared* in *this* booklet.

If in doubt, talk to someone.

The adults in school are all trained and ready to listen and help.

TALK TO A SAFE ADULT

How we can help:

There are lots of different ways, but one of the main ways is making sure all the staff here at Carlton Road Academy know how to keep you safe and make sure you have someone to talk to if you need to.

Safeguarding and *Child* Protection mean *the* same thing and they mean *that* we look *after* children and keep them *safe*.

When you share a worry with a grown up, their job is to protect and support you, that adult will then talk to Mrs Reed or Mrs. Johnson and we will work together as a team to get the best support for our children and families.