

# Carlton Road Academy Safeguarding Procedures Child Version



Your Rights:



## **What is this?**

Your school has a Safeguarding policy for staff, families, and governors.

This 'child friendly' procedure guide is designed for our pupils, and should be read as a guide to the main policy.

## **What is it for?**

To help you decide what could be a 'problem' and where to get help and support.

## **The four main areas of Child Protection concerns are:**

1. **Physical Abuse** – hitting, smacking, shaking, throwing, burning, biting. Causing Physical harm.
2. **Sexual Abuse** – be aware this doesn't always mean touching. It could be someone making you watch things to do with sex or encouraging you to act in a way that makes you feel uncomfortable.
3. **Neglect** – not providing meals, warmth, or clothing. Not taking you to the Doctors or Dentist when you need to go. Your needs are not being met regularly.
4. **Emotional Abuse** –when someone upsets you or makes you feel bad purposely. If someone in your family says horrible things to you and makes you feel sad and worthless.

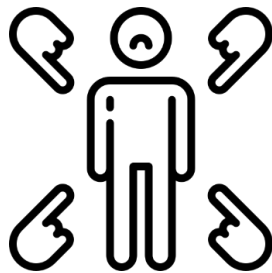
**On the next few pages, we have some examples of what these may look like if you are worried. These are not the only examples but might help you if you are concerned.**

**Remember!**

**Abuse can happen online and in person!**

### **Bullying**

Repeated behaviour which is intended to hurt someone either emotionally or physically.



You **must** tell someone.

**Do NOT keep it a Secret!**

### **Sexual behaviour?**

Remember, your body is yours and no one else should see or touch it without your consent. No one should be showing you bodies or asking to see or touch others, no one should be taking photos without your permission especially photos up your skirt or dress. If you are unsure ask a safe adult.



You **must** tell someone.

**Do NOT keep it a Secret!**

## Using or giving you things that are dangerous

Has someone asked you if you want a tablet or to smoke a cigarette, or have a drink of something and you do not know what it is?

If someone is using drugs or offering you items that are not safe do not take them.



You **must** tell someone.

**Do NOT keep it a Secret**

## Physical harm.

Has someone hit, punched, or smacked you or hurt you in anyway? Have you caused harm to yourself or have thoughts of harming yourself? Harm is not always to others you might be worried about self-harm.



You **must** tell someone.

**Do NOT keep it a Secret!**

# **YOU HAVE RIGHTS!**

You are protected under the **Equality Act 2010** from these types of discrimination.

You have the right to be who you are without judgement or discrimination!

These rights are protected!



**It is important that you let us know if you have **any worries at all** even if they are not shared in this booklet.**

**If in doubt, talk to someone.**

**The adults in school are all trained and ready to listen and help.**

## **TALK TO A SAFE ADULT**

### **How we can help:**

There are lots of different ways, but one of the main ways is making sure all the staff here at Carlton Road Academy know how to keep you safe and make sure you have someone to talk to if you need to.

Safeguarding and Child Protection mean the same thing and they mean that we look after children and keep them safe.

When you share a worry with a grown up, their job is to protect and support you, that adult will then talk to Mrs Reed, Mrs. Deamer or Mrs. Johnson and we will work together as a team to get the best support for our children and families.